



North Berwick Day Centre



Newsletter Monthly Issue

December 2021

Merry Christmas and a Happy New Year

I can hardly believe that this edition is the 21st monthly newsletter. We changed from a quarterly edition when Covid changed our lives. The monthly editions have been popular and looks like they are here to stay.

As we approach Christmas and the New Year I reflect on the highs and lows of 2021. The Day Centre has to be a high. What an amazing place it is. Carol and her Team, supported by the Directors, Committee Members, Volunteers, the members and guests, all make it a special place.

Thank you one and all. Have a great festive season and see you next year.

Jackie Tagg

Editor

Welcome to Rhona who has joined us as a chef. Here she is chatting to Margaret (seated left) and Ann (seated right).



Remembrance Day

Reminiscence plays a very important part in Day Centre life. Lots of members have life story books and of course many remember World War 11.



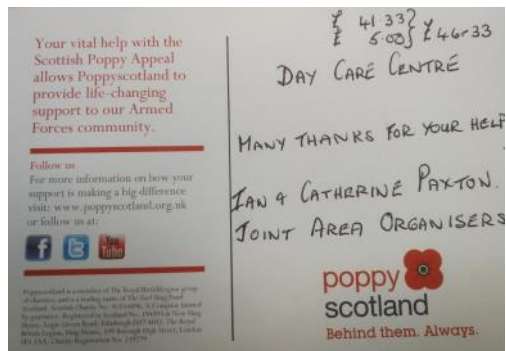
Muriel served in the Women's Royal Army Corp and was posted to Aden in the Yemen.

The photograph shows Muriel wearing her war medal and poppy, holding a photograph of her riding a camel.



The sale of our handmade poppies raised £46.33.

Margaret above left and Barbara above right wearing theirs with pride.



Other activities



Our Singer sewing machine has been dusted off and is ready for action.

Dorothy actually worked for Singer in Princes Street.

Music and sing-a-long with Bill (right) who is a regular to the Day Centre.

Joined here by our own Christine also a talented singer.



Bruce (left) is also a popular musician and has everyone joining in.

Live music is one of our most popular events.

From left to right, Betsy, Patsy and Sally reminiscing whilst playing a game of Famous Faces.

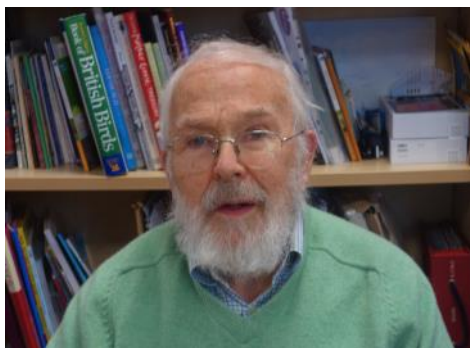




Carpet boules

Smile of the month

I couldn't resist including this photograph of our new member Bert. He just reminds me of someone important at Christmas.



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